

Week 3 Dinner



	Monday 4-Feb	Tuesday 5-Feb	Wednesday 6-Feb	Thursday 7-Feb	Friday 8-Feb	Saturday 9-Feb	Sunday 10-Feb
Main Plate Live Well	Jerk Chicken or Jerk Cauliflower	Assorted Pizza	Korean BBQ Pork or Gardien Stir Fry	Fried Catfish			
	Jamaican Style Rice and Peas	Buffalo Wings	Vegetable Lo Mein	Potatoes Au Gratin			
	Baked Sweet Plantains	Roasted Broccoli	Asian Vegetable Medley	Stewed Okra and Tomatoes	No Service	No Service	No Service
	Caribbean Vegetable Blend	Potato Wedges	Sesame Ginger Bok Choy	Grilled Yellow Squash			
BRAVO!	Pasta Bar		Warm Brownie Bar				
	Cheddar Cheese Sauce or Alfredo Cheese Sauce		Assorted Toppings				
	Tomatoes, Diced Bacon, Green Onions, Diced Onion, Spinach				No Service	No Service	No Service
	Mushrooms, Garlic, Oil, S&P, Herb Blend						
duJour							
					No Service	No Service	No Service
	Creamy Sweet Potato Soup	Corn Chowder	Hearty Vegetable Soup	Chicken Noodle Soup			



Denotes Vegetarian Item
Denotes Vegan Item
Denotes Gluten-Free Item

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.