

Week 1 Lunch



	Monday 21-Jan	Tuesday 22-Jan	Wednesday 23-Jan	Thursday 24-Jan	Friday 25-Jan	Saturday 26-Jan	Sunday 27-Jan
MARKET ST. DELI			Deli Bar	Deli Bar	No Service	No Service	No Service
<i>Main Plate</i>			Taco Tuesday Beef, Chicken or Veggie	Stuffed Tilapia with Cajun Cream or CousCous Stuffed Mushrooms			
Live Well	No Service	No Service	Cilantro Lime Basmati Rice	Garlic and Parmesan Red Potatoes			
Martin Luther King Day			Cuban Black Beans	Roasted Seasonal Vegetables	No Service	No Service	No Service
			Roasted Corn and Peppers	Sauteed Spinach			
duJour			Chicken Tortilla Soup	Chicken and Wild Rice Soup	No Service	No Service	No Service



Denotes Vegetarian Item
Denotes Vegan Item
Denotes Gluten-Free Item

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.