Week 1 Dinner



	Monday 26-Aug	Tuesday 27-Aug	Wednesday 28-Aug	Thursday 29-Aug	Friday 30-Aug	Saturday 31-Aug	Sunday 1-Sep
	20-Aug	Z/-Aug	20-Aug	23-Aug	30-Aug	J1-Aug	1-оер
MARKET ST.	Black and Blue	Classic Club	Tuna Salad	Cuban Panini			
	Black and Blac	Gladele Glab	rana dana	ousuit umi			
BRAVQI							
BING WARM	CYO Glazed Salmon	CYO Flank Steak	CYO Sliced Chicken	CYO Glazed Salmon			
J. CLARK'S GRILLE	Bacon Cheeseburger	Cheese Pupusa	Fried Catfish Sandwich	Chicken Tenders			
		and a pass					
	Savory Roast Beef	Fried Cod	Shrimp Alfredo	Tuscan Chicken			
(Man Deta	Roasted Red Potatoes	French Fries	Cheese Garlic Biscuits	Garlic Mashed Potatoes			
Want ale	Ve)	Vé	Ve)	Ve			
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Sauteed Cabbage	Garlic Sauteed Spinach and Tomatoes	Bourbon Roasted Carrots	Roasted Brussel Sprouts			
1	Ve)	₩	Ve	Ve			
	Garlic Butter Carrots	Roasted Zucchini	Seasoned Green Beans	Asian Roasted Broccoli			
Live	Vè			Vé			
l -	Ratatouille	Fried Cauliflower	Vegetable Alfredo	Tuscan Gardein Chik'n			
du Jour				V e			
9OUI	Chicken Noodle	Corn Chowder	Creamy Sweet Potato Soup	Roasted Vegetable Soup	or eggs may increase your risk of food-home illn		



