

Week 3 Lunch



	Monday 29-Oct	Tuesday 30-Oct	Wednesday 31-Oct	Thursday 1-Nov	Friday 2-Nov	Saturday 3-Nov	Sunday 4-Nov
MARKET ST. DELI	Deli Bar Featured Item: Honey Mustard	Deli Bar Featured Item: Garlic Hummus	Deli Bar Featured Item: White Bean Spread	Deli Bar Featured Item: Egg Salad	No Service	No Service	No Service
<i>Main Plate</i>	Roasted Chicken and Gravy or Vegan Jambalaya with Beyond Meat Sausage	Pepper Steak or Pepper Gardein Beef	Fajita Station Chicken, Shrimp or Tofu	Chicken Alfredo or Veggie Alfredo			
Live Well	Cornbread Stuffing	White Rice	Yellow Rice and Green Onions	Garlic Butter Breadsticks			
	Balsamic Potatoes and Asparagus	Garlic Sauteed Mushrooms	Flame Roasted Street Corn with Cotija Cheese	Roasted Squash Medley	No Service	No Service	No Service
	Sauteed Spinach and Fresh Cranberry Sauce	Sweet Chili Green Beans	Spanish Kidney Beans and Potatoes	Brown Sugar Roasted Carrots			
duJour					No Service	No Service	No Service
	Minestrone	Creamy Chicken Pot Pie Soup	Spicy Two Bean Soup	Creamy Sweet Potato Soup			

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.