




# Spring Week 3 Lunch



	Monday 10-Feb	Tuesday 11-Feb	Wednesday 12-Feb	Thursday 13-Feb	Friday 14-Feb	Saturday 15-Feb	Sunday 16-Feb
<b>MARKET ST. DELI</b>							
<b>BRAVO!</b> <i>SpudCup</i>	CYO Glazed Salmon	Cheese Quesadilla	CYO Glazed Salmon	MTO Pasta Bowl			
<b>J. CLARK'S GRILLE</b>	Burger, Veggie Burger, Chicken Sandwich	Burger, Veggie Burger, Chicken Sandwich	Burger, Veggie Burger, Chicken Sandwich	Burger, Veggie Burger, Chicken Sandwich			
<i>Main Plate</i>	Brown Stew Chicken	Tacos- Chicken or Beef	French Toast, Pork Bacon	Flank Steak			
	Rice and Peas, Sweet Plantains	Spanish Rice	Red Potatoes, Onions and Peppers	Redskin Mashed Potatoes and Burgundy Mushroom Reduction			
	Cabbage	Mexican Style Black Beans	Creamy Grits, Turkey Sausage	Chargrilled Brussel Sprouts, Broccolini			
	Macaroni and Cheese	Spanish Spinach and Chickpeas	Scrambled Eggs	Spinach Artichoke Dip and Pita Bread			
	Portobella Mushroom Stir Fry	Gardein and Peppers	Grilled Tofu Scramble	Grilled Mushroom and Burgundy Reduction			
<b>duJour</b>	Creamy Tomato Tortellini Soup	Chicken Gnocchi Soup	Creamy Sweet Potato Bisque	Roasted Vegetable Soup			

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

-  Denotes Vegetarian Item
-  Denotes Vegan Item
-  Denotes Gluten-Free Item