



Week 3 Dinner



	Monday 30-Sep	Tuesday 1-Oct	Wednesday 2-Oct	Thursday 3-Oct	Friday 4-Oct	Saturday 5-Oct	Sunday 6-Oct
MARKET ST. DELI	Roast Beef and Cheddar	Caprese Panini	Egg Salad	BLT			
BRAVO! Student	CYO Glazed Salmon	CYO Fish Taco	CYO Mac and Cheese	CYO Glazed Salmon			
J. CLARK'S GRILLE	BBQ Ranch Burger	Chorizo Tostada	Monte Cristo	Chicken Sandwich			
<i>Main Plate</i>	Baked Ziti	Honey Garlic Pork Loin	Cajun Roasted Chicken	Fried Catfish			
	Garlic Bread	Wild Rice Pilaf	Dinner Rolls	French Fries			
	Steamed Broccoli	Grilled Zucchini	Garlic Parm Asparagus	Sauteed Spinach			
Live Well	Garlic Butter Green Beans	Roasted Maple Sweet Potatoes	Fire Roasted Corn	Roasted Mixed Vegetables			
	Tomato Basil Gardein	Veggie Nuggets	Cajun Gardein	Gardein Stir Fry			
duJour	French Onion Soup	Carrot Ginger Soup	Chicken and Rice	Creamy Garlic Mushroom Soup			

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

-  Denotes Vegetarian Item
-  Denotes Vegan Item
-  Denotes Gluten-Free Item