

Week 2 Dinner



	Monday 23-Sep	Tuesday 24-Sep	Wednesday 25-Sep	Thursday 26-Sep	Friday 27-Sep	Saturday 28-Sep	Sunday 29-Sep
MARKET ST. DELI	Turkey and Cheddar	Waldorf Chicken Salad	Ham and Provolone	Turkey BLT			
BRAVO! <i>SpudCup</i>	CYO Glazed Salmon	CYO Nachos	CYO Shrimp and Grits	CYO Glazed Salmon			
J. CLARK'S GRILLE	Beer Battered Cod Sandwich	Chicken Tostada	Grilled Cheese	Cheese Pizza			
<i>Main Plate</i>	Teriyaki Beef	Fried Tilapia	Spaghetti with Meat Sauce	Chicken Marsala			
	Basmati Rice and Scallions	Mashed Potatoes	Garlic Bread	Herbed Angel Hair Pasta			
	Garlic Ginger Bok Choy	Sweet Green Peas	Seasoned Broccoli	Sauteed Spinach and Mushrooms			
	Sesame Green Beans	Mixed Vegetables	Roasted Asparagus	Blanched Green Beans			
Live well	Teriyaki Gardein	Fried Cauliflower	Spaghetti with Marinara Sauce	Eggplant Marsala			
duJour	New England Clam Chowder	Southwestern Pinto Bean Soup	Tomato Bisque	Roasted Vegetable			

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.



Denotes Vegetarian Item
Denotes Vegan Item
Denotes Gluten-Free Item