



Spring Week 3 Lunch



	Monday 9-Mar	Tuesday 10-Mar	Wednesday 11-Mar	Thursday 12-Mar	Friday 13-Mar	Saturday 14-Mar	Sunday 15-Mar
MARKET ST. DELI							
BRAVO! <i>SpudCup</i>	CYO Glazed Salmon	Cheese Quesadilla	CYO Glazed Salmon	MTO Pasta Bowl			
J. CLARK'S GRILLE	Burger, Veggie Burger, Chicken Sandwich	Burger, Veggie Burger, Chicken Sandwich	Burger, Veggie Burger, Chicken Sandwich	Burger, Veggie Burger, Chicken Sandwich			
<i>Main Plate</i>	Oven Roasted Chicken	Tacos- Chicken or Beef	French Toast, Pork Bacon	Flank Steak			
	Cornbread Stuffing, Southern Green Beans	Spanish Rice	Red Potatoes, Onions and Peppers	Redskin Mashed Potatoes			
	Steamed Broccoli	Mexican Style Black Beans	Creamy Grits, Turkey Sausage	Chargrilled Brussel Sprouts, Sauteed Cremini Mushrooms			
	Macaroni and Cheese	Corn and Peppers	Scrambled Eggs	Spinach Artichoke Dip and Pita Bread			
	Portobella Mushroom Stir Fry	Gardein and Peppers	Grilled Tofu Scramble	Veggie Nuggets			
duJour	Creamy Tomato Tortellini Soup	Chicken Gnocchi Soup	Creamy Sweet Potato Bisque	Roasted Vegetable Soup			

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

-  Denotes Vegetarian Item
-  Denotes Vegan Item
-  Denotes Gluten-Free Item