



# Spring Week 3 Dinner



	Monday 9-Mar	Tuesday 10-Mar	Wednesday 11-Mar	Thursday 12-Mar	Friday 13-Mar	Saturday 14-Mar	Sunday 15-Mar
<b>MARKET ST. DELI</b>	Tuna Salad	Turkey and Cheese	Hummus and Veggie Panini	BLT			
<b>BRAVO!</b> <i>SpudCup</i>	CYO Glazed Salmon	Cheese Quesadilla	CYO Glazed Salmon	MTO Pasta Bowl			
<b>J. CLARK'S GRILLE</b>	Burger, Veggie Burger, Chicken Sandwich	Burger, Veggie Burger, Chicken Sandwich	Burger, Veggie Burger, Chicken Sandwich	Burger, Veggie Burger, Chicken Sandwich			
<i>Main Plate</i>	Shrimp Scampi	Beef and Broccoli	Roasted Turkey and Gravy	Lemon Caper Tilapia			
	Roasted Asparagus	Vegetable Lo Mein	Buttered Egg Noodles	Wild Rice Pilaf			
	Green Beans and Mushrooms	Stir Fry Zucchini	Broccoli and Cheese, Roasted Beets	Steamed Broccoli, Maple Roasted Sweet Potato Hash			
	Garlic Bread	Teriyaki Carrots	Roasted Mixed Vegetables	Yellow Squash and Cherry Tomatoes			
<b>Live Well</b>	Cherry Tomato Scampi	Balsamic Soy Mushrooms	Gardein and Gravy	Lemon Caper Gardein			
<b>duJour</b>	Creamy Tomato Tortellini Soup	Chicken Gnocchi Soup	Creamy Sweet Potato Bisque	Roasted Vegetable Soup			

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

-  Denotes Vegetarian Item
-  Denotes Vegan Item
-  Denotes Gluten-Free Item