



# Week 2 Lunch



	Monday 11-Nov	Tuesday 12-Nov	Wednesday 13-Nov	Thursday 14-Nov	Friday 15-Nov	Saturday 16-Nov	Sunday 17-Nov
<b>MARKET ST. DELI</b>	Turkey and Cheddar	Waldorf Chicken Salad	Ham and Provolone	Turkey BLT			
<b>BRAVO!</b> <i>SpudCup</i>	CYO Glazed Salmon	MTO Nachos	MTO Asian Noodle Bowl	CYO Glazed Salmon			
<b>J. CLARK'S GRILLE</b>	Beer Battered Cod Sandwich	Chicken Tostada	Grilled Cheese	Cheese Pizza			
<i>Main Plate</i>	Baked Lemon Garlic Tilapia	Puerto Rican Style Beef Stew	Pork Sausage Links	BBQ Chicken			
	Pan Seared Baby Potatoes	Cilantro Lime Rice	Scrambled Eggs	Macaroni and Cheese, Cornbread			
	Roasted Asparagus	Spanish Style Kidney Beans	Creamy Grits	Collard Greens			
	Glazed Carrots	Roasted Zucchini, Peppers and Onions	Pancakes	Candied Sweet Potatoes			
<b>Live Well</b>	Israeli Couscous and Grilled Vegetables	Mexican Spiced Gardein Chik'n	Farmer's Market Skillet	Hawaiian Black Bean Burger			
<b>duJour</b>	Chicken Noodle Soup	Southwestern Pinto Bean Soup	Tomato Bisque	Roasted Vegetable			

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

-  Denotes Vegetarian Item
-  Denotes Vegan Item
-  Denotes Gluten-Free Item