



Week 2 Lunch



	Monday 21-Oct	Tuesday 22-Oct	Wednesday 23-Oct	Thursday 24-Oct	Friday 25-Oct	Saturday 26-Oct	Sunday 27-Oct
MARKET ST. DELI	Turkey and Cheddar	Waldorf Chicken Salad	Ham and Provolone	Turkey BLT			
BRAVO! SpudCur	CYO Glazed Salmon	CYO Nachos	CYO Shrimp and Grits	CYO Glazed Salmon			
J. CLARK'S GRILLE	Beer Battered Cod Sandwich	Chicken Tostada	Grilled Cheese	Cheese Pizza			
<i>Main Plate</i>	Smothered Chicken	Puerto Rican Roast Pork	Pork Sausage Patties	BBQ Ribs			
	Spinach and Tomato Pasta	Cilantro Lime Rice	Cheesy Scrambled Eggs	Macaroni and Cheese			
	Garlic Broccoli	Spanish Style Kidney Beans	Roasted Red Potatoes	Pan Roasted Brussel Sprouts			
	Honey Roasted Carrots	Roasted Zucchini, Peppers and Onions	French Toast	Candied Sweet Potatoes			
Live Well	Beyond Meat Sausage and Peppers	Mexican Spiced Gardein Chik'n	Sweet Potato Hash	Black Bean Burger			
duJour	Chicken Noodle Soup	Southwestern Pinto Bean Soup	Tomato Bisque	Roasted Vegetable			

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

-  Denotes Vegetarian Item
-  Denotes Vegan Item
-  Denotes Gluten-Free Item