



Week 2 Dinner



	Monday 21-Oct	Tuesday 22-Oct	Wednesday 23-Oct	Thursday 24-Oct	Friday 25-Oct	Saturday 26-Oct	Sunday 27-Oct
MARKET ST. DELI	Turkey and Cheddar	Waldorf Chicken Salad	Ham and Provolone	Turkey BLT			
BRAVO! <i>SpudCup</i>	CYO Glazed Salmon	CYO Nachos	CYO Shrimp and Grits	CYO Glazed Salmon			
J. CLARK'S GRILLE	Beer Battered Cod Sandwich	Chicken Tostada	Grilled Cheese	Cheese Pizza			
<i>Main Plate</i>	Teriyaki Chicken	Fried Tilapia	Spaghetti with Meat Sauce	Chicken Marsala			
	Basmati Rice and Scallions	French Fries	Garlic Bread	Herbed Angel Hair Pasta			
	Mixed Vegetables	Sweet Green Peas	Seasoned Broccoli	Sauteed Spinach and Mushrooms			
	Sesame Green Beans	Mixed Vegetables	Roasted Asparagus	Blanched Green Beans			
Live well	Teriyaki Gardein	Fried Cauliflower	Spaghetti with Marinara Sauce	Eggplant Marsala			
duJour	Chicken Noodle	Southwestern Pinto Bean Soup	Tomato Bisque	Roasted Vegetable			

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

-  Denotes Vegetarian Item
-  Denotes Vegan Item
-  Denotes Gluten-Free Item