



Week 1 Dinner



	Monday 14-Oct	Tuesday 15-Oct	Wednesday 16-Oct	Thursday 17-Oct	Friday 18-Oct	Saturday 19-Oct	Sunday 20-Oct
MARKET ST. DELI	Black and Blue	Classic Club	Tuna Salad	Cuban Panini			
BRAVO! SpudCur	CYO Glazed Salmon	CYO Flank Steak	CYO Sliced Chicken	CYO Glazed Salmon			
J. CLARK'S GRILLE	Bacon Cheeseburger	Cheese Pupusa	Fried Catfish Sandwich	Chicken Tenders			
<i>Main Plate</i>	Roasted Turkey and Gravy	Fried Cod	Shrimp Alfredo	Tuscan Chicken			
	Mashed Potatoes	Tater Tots	Cheese Garlic Biscuits	Garlic Mashed Potatoes			
	Cornbread Stuffing	Garlic Sauteed Spinach and Tomatoes	Bourbon Roasted Carrots	Roasted Brussel Sprouts			
	Garlic Butter Carrots	Roasted Zucchini	Seasoned Green Beans	Asian Roasted Broccoli			
	Ratatouille	Korean Fried Cauliflower	Vegetable Alfredo	Tuscan Gardein Chik'n			
Live Well							
duJour	Chicken Noodle	Corn Chowder	Creamy Sweet Potato Soup	Roasted Vegetable Soup			

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

-  Denotes Vegetarian Item
-  Denotes Vegan Item
-  Denotes Gluten-Free Item