



Week 1 Lunch



	Monday 2-Dec	Tuesday 3-Dec	Wednesday 4-Dec	Thursday 5-Dec	Friday 6-Dec	Saturday 7-Dec	Sunday 8-Dec
MARKET ST. DELI	Black and Blue		Tuna Salad	Cuban Panini			
BRAVO! <i>Spud Cut</i>	CYO Glazed Salmon		CYO Sliced Chicken	CYO Glazed Salmon			
J. CLARK'S GRILLE	Bacon Cheeseburger		Fried Catfish Po'Boy	Chicken Tenders			
<i>Main Plate</i>	Bourbon Glazed Chicken	Taco Tuesday- Chicken and Beef	Oven Roasted Pork Loin	Pepper Steak and Onions			
	Mashed Sweet Potatoes	Flour Tortillas, Yellow Rice	Herb and Butter Linguini	White Rice			
	Green Beans and Mushrooms	Puerto Rican Style Pinto Beans	Steamed Broccoli	Grilled Zucchini			
	Fire Roasted Corn and Peppers	Zucchini, Onion and Pepper	Roasted Mixed Vegetables	Garlic Sauteed Mushrooms			
	Stuffed Portobella Mushrooms	Mexican Spiced Gardein Chik'n	Vegan Chik'n Nuggets	Pepper Gardein Chik'n			
Live Well							
duJour	Split Pea Soup		Creamy Sweet Potato Soup	Roasted Vegetable Soup			

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

-  Denotes Vegetarian Item
-  Denotes Vegan Item
-  Denotes Gluten-Free Item