



Dmin Week 2 Lunch



	Monday 13-Jan	Tuesday 14-Jan	Wednesday 15-Jan	Thursday 16-Jan	Friday 17-Jan	Saturday 18-Jan	Sunday 19-Jan
MARKET ST. DELI	Turkey and Cheddar Panini	Waldorf Chicken Salad	Ham and Provolone	Turkey BLT	Mushroom, Red Pepper and Hummus		
BRAVO! SpudCup	CYO Glazed Salmon	MTO Cheese Nachos	CYO Glazed Salmon	MTO Greek Pita	CYO Glazed Salmon		
J. CLARK'S GRILLE	Shrimp Po'Boy Sliders	Chicken Quesadilla	Cobb Salad Wrap	Grilled Cheese	Chicken Sandwich		
<i>Main Plate</i>	Teriyaki Chicken	Tacos- Chicken and Beef	BBQ Chicken	Spaghetti Bolagnese	Fried Catfish		
	Basmati Rice, Spring Rolls	Cilantro Lime Rice	Macaroni and Cheese, Cornbread	Tuscan Vegetables	Red Skin Mashed Potatoes		
	Grilled Zucchini	Spanish Style Kidney Beans	Garlic Green Beans	Seasoned Broccoli	Sauteed Kale, Brussel Sprouts and Butternut Squash		
Live Well!	Sesame Green Beans	Corn and Peppers	Cinnamon Sweet Potatoes	Garlic Bread	Spinach Dip and Pita Chips		
duJour	Teriyaki Gardein	Mexican Spiced Gardein Chik'n	Veggie Burger	Garden Marinara	Tofu Stir Fry		
	Roasted Pumpkin Soup	Mediterranean White Bean Soup	Chicken Noodle Soup	Creamy Potato Soup	Clam Chowder		

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

-  Denotes Vegetarian Item
-  Denotes Vegan Item
-  Denotes Gluten-Free Item